Scrapbooking With ME

“Just Journal January”

Melina and I will be starting a new series in January 2023, we are calling it “Just Journal January. We have had so many new subscribers who are new to the journal world, so we thought this would be a great way to get them started off and teach just how easy and fun it is to make journals.

We will be creating a journal from start to finish complete with how to’s and easy to follow instructions. Each week Melina and I will do a video showing how we create our journals, from the covers to the embellishments. There will be 1 video per week dedicated to “Just Journal January”, and we hope you will join in on the fun! Oh, and did I mention there will be freebies each week for you to download and print to help you create your lovely journal.

1. Week one – Journal cover. This can be fabric, or paper. We will be teaching how to create your journal cover from paper or fabric using a bubble wrap envelope to give it that extra crunch sound. We will also teach how to machine stitch as well as an easy way to hand stitch the cover. Your freebie this week will be various tags and journaling cards. Items you will need:
* Cover material, either fabric or paper, bubble wrap envelope at least a 9x12 inch. Your freebie print outs, or items from your stash.
* Large sewing needle
* Thread
* Adhesive
* Scissors
* Sewing machine if you are planning on machine stitching.
1. Week two – Pages, signature. Your freebie will be 10 coffee dyed digitals you can print for free to use in your signature. Items you will need:
* Printed pages, or pages you want to use in your journal, such as coffee dyed papers, book pages, music pages, magazine pages, etc.
* Large eyed needle to stitch in the signature
* Heavy thread or waxed thread
* Scissors
* Awl or pokey tool
* Your E’s Journal tool if you have one, if not then an old book or foam pad.
* Charms, buttons, or beads, if you want to add these to your thread to make a dangle.
1. Week three – Pockets and embellishments. Your freebie this week will be pockets, embellishment cut outs. Items you will need:
* Your printed freebie, or paper to make pockets, embellishments, die cuts, etc.
* Adhesive
* Scissors
1. Week four – Decorate the journal. Your freebie this week will be flowers, various cut out pages and labels. Items you will need.
* Adhesive
* Printed freebie or your own embellishments from your stash
* Lace
* String
* Ribbon
* Or any other type of embellishment you would like to use on your journal.

I hope you will join Melina and I for our “Just Journal January” we are excited to bring you this series since there are so many out there that have just started in journaling. And we think this will be a good way to start off the new year.

We will also have a drawing at the end of January and one lucky person will receive a prize!! We are not revealing at this time what the prize will be, you must participate or at least watch the videos and be a subscriber to our channels to be eligible to win.

Thanks so much for all your support in 2022. We look forward to many new things for 2023 and we want you to be a part of all of it.

All freebies will be available to download at the beginning of January. We will send out the link to download via Newsletter email. We will also have them linked under our YouTube channels.

Thank you all so much, M & E